



Live International Retreat Schedule

International schedule based on Pacific Daylight Time (PDT); *Subject to change*

The live international schedule is based on Pacific Daylight Time. You are invited to join all sessions live. You can convert to your own time using the links provided. The retreat will include special on-demand content that you can watch during the breaks to customize your schedule, or over the course of the month.

If you don't want to watch the entire retreat live, you can follow a suggested schedule for your time zone that will be available via the event site.

Suggested Schedules:

India (IST)

Europe (GMT +1)

Australia (AEDT)

Japan (JST)

Amma is coming to the retreat!

The exact time is not confirmed, it will be announced to participants during the retreat.

Day 1: Friday, May 27

Convert to your time

Time	Session
3:30 PM PDT	Session #1
5:30 PM PDT	Break
Time	Session
6:00 PM PDT	Session #2 with Swami Amritaswarupananda Puri
7:00 PM PDT	Session #3 with Swami Amritaswarupananda Puri
8:00 PM PDT	End of day 1



Day 2: Saturday, May 28

Time	Session
9:00 AM PDT	Session #4
10:00 AM PDT	Session #5
11:00 AM PDT	Session #6
12:30PM PDT	Break
Time	Session
11:00 AM PDT	Session #7
12:30 PM PDT	Break
Time	Session
1:30 PM PDT	Session #8
2:00 PM PDT	Session #9
2:30 PM PDT	Session #10
3:00 PM PDT	Break
Time	Session
6:00 PM PDT	Session #12 with Swami Amritaswarupananda Puri
7:00 PM PDT	Session #13 with Swami Amritaswarupananda Puri
8:00 PM PDT	End of day 2



Day 3: Sunday, May 29

Time	Session
9:00 AM PDT	Session #14
11:30 AM PDT	End of retreat